

CALISTHENICS
ACT



CALISTHENICS ACT TEAM CHAMPIONSHIP COMPETITION 2024

Thursday 19th - Sunday 22nd September

PROGRAM

6.15PM THURSDAY
Seniors

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6.00PM FRIDAY
Masters

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8.30AM SATURDAY
Tinies

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1.30PM SATURDAY
Juniors

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8.30AM SUNDAY
Sub Juniors

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3.15PM SUNDAY
Intermediates

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PRESIDENT'S NOTE

Hello everyone, and welcome to the Cali ACT Team Championship Competition for 2024. If your year has been anything like mine, it feels like it has flown by!

It's been another good year for the Board as we navigate changes on the ACF Board, new competition rules and expanded competition formats with more entries in competitions than we've seen in recent years. Thank you to our dedicated Board Members for devoting their personal time to leading the delivery of calisthenics in ACT and for being such a supportive team to work with.

No doubt you've seen the communication from ACF about the upcoming AusCaliCarnivale event to be held in Adelaide in 2025. If you haven't, check out ACF's socials to see what's in store for the national calisthenics community. Cali ACT is in the thick of rolling out the ACT program (which, by the way, looks to be very exciting!). Stay tuned for more information about ACT's program for this national competition as we make the announcements across our Champ weekend.

I'd like to use this opportunity to thank a group of people who largely go unnoticed, but are a hard working group of individuals who play a significant role in bringing all of our competitions together. Our Competition Committee is made up of club delegates and independent volunteers who, together, deliver these four annual events. Thank you Comp Committee for stepping up and supporting our Directors to deliver yet another quality year of successful competitions.

And of course, our three Directors of Competition...

Amy, Gemma and Kim took on this enormous role at the end of last year. Their tireless efforts and positive attitudes have seen them deliver four events this year with increased numbers and additional competition days. These dedicated women spend every hour (and then some) that comps are being held in the green room working tremendously hard to deliver a seamless competition. Not to mention the countless hours in between events in preparation. On behalf of the Board and the calisthenics community in ACT, we thank you for the sacrifice of your personal time to support our sport in such an impressive way.

I'm very much looking forward to the performances of our students across all age groups this weekend. I was able to watch some of the competition at Prelim and was very entertained by the quality of choreography, technique and performance value of our teams. All the best to the performers, coaches, team managers and families. And to our little ones gracing the stage for the first time, through the ages to our dedicated Masters, don't forget to have fun!

Karina Nott
President, Calisthenics ACT

ADJUDICATORS



Kerry Sargeant

Kerry's calisthenics journey began as a performer at the age of 7, evolving into roles as a coach, club founder, and adjudicator. She has held many positions on club, state, and national committees, and is passionate about giving back to the sport. Professionally, Kerry holds a PhD in Psychology with a special interest in young women's physical and mental well-being. She currently serves on the board of Fearless Women, an NGO offering mentoring and education aimed at improving the well-being and self-value of girls and young women.

Calisthenics has been a cornerstone of Kerry's life. She believes the importance of the sport cannot be overstated as it fosters valuable life skills such as community, connection, teamwork, and self-confidence. Kerry is thrilled to be adjudicating the 2024 Cali ACT Team Championships, and encourages all competitors, coaches and their supporters to embrace this fabulous sport and competition experience, give their best, and celebrate the journey.

Josie Ken

Josie brings over 50 years of experience in calisthenics, having excelled as a competitor and coach at both club and state levels. Since 2018, she has been a dedicated adjudicator, with the privilege of adjudicating competitions in Western Australia, Queensland, the Australian Capital Territory, and South Australia.

Currently, Josie serves as the Treasurer of ASCA SA and represents adjudicators on the CalSAC committee. She is passionate about witnessing the creativity and skill of coaches as they bring calisthenics routines to life.



Kerryn Waddell

Kerryn joined the Australian Society of Calisthenic Adjudicators (ASCA) in 1989, regularly participating on the Victorian Branch Committee. She has been an Adjudicators' Advisory Board delegate since 2004 and was the ACF Director of Adjudicating from 2013-2022

Kerryn has adjudicated both solos and teams in all States and Territories, at the National Championships on 4 occasions, Cali-Unité, CV State Championships, Metropolitan and Country Victoria competitions; and at Royal South Street over numerous years.

Her Calisthenic achievements include a CVI Certificate of Appreciation, Sports Education Victoria Official of the Year, ACF Official of the Year, ASCA Life Membership and ACF Life Membership. She appreciates being able to assist Coaches with her Calisthenic knowledge and encouraging children to enjoy participation in our wonderful artistic sport.



ADJUDICATORS



Roberta Dwyer-Smith

Roberta has been involved in Calisthenics for 50+ years, as a Competitor, Coach, Examiner & Adjudicator. As her Calisthenics progressed from competing (Championship Senior), 8 x RSSS Graceful Girl Finalist, through to achieving her ACF Gold Medal (1989) she developed her interest for Coaching & Adjudicating. As a Coach Roberta has achieved many highlights including 3 National Championships, CVI State Championship Aggregates, RSSS Aggregates & 5 Graceful Girl Titles including 2 Vera Hopton Trophy awards.

Roberta's passion for Calisthenics also includes presenting various topics for the VCCA Coach training program as well as interstate associations. She is passionate about helping to nurture future generations of coaches. Roberta is an ACF Examiner (Tests - Gold Medal) & has travelled to many States/Territories throughout Australia to present seminars & Officiate as an Examiner.

Roberta is an Advanced 2 Adjudicator & has been an ASCA Vic member since 2006. Her Adjudicating experience includes a range of Solo & Panel appointments in Victoria, Queensland, ACT, SA & WA. Her years as an Adjudicator includes 2 years as a General Member on the ASCA Vic Committee.

As well as being a Coach, Examiner, Adjudicator and Mother of 3 children she has completed her Diploma of Professional Pilates Instruction. She is a member of Pilates Alliance Australasia & has been working as a Clinical Pilates Instructor for over 10 years. Roberta undertook this course of study, as she is passionate about body movement and has also trained in Classical, Contemporary & Jazz Ballet. Roberta believes Pilates has a direct relationship with her Calisthenics experience and it has strengthened her knowledge to support the growth and development of participants. Roberta wishes to continue her involvement in Calisthenics for many years to come.

SENIORS

Thursday 19 September —6.15pm

Panel Adjudication

Kerryn Waddell, Robert Dwyer-Smith & Josie Kerr

Figure March

- | | | | |
|---|---------|---|--------|
| 1 | Action | 4 | Evatt |
| 2 | Karilee | 5 | Deanne |
| 3 | Joyelle | | |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Club Swinging

- | | | | |
|---|---------|---|--------|
| 1 | Karilee | 4 | Deanne |
| 2 | Joyelle | 5 | Evatt |
| 3 | Action | | |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Rod Exercises

- | | | | |
|---|---------|---|---------|
| 1 | Action | 4 | Evatt |
| 2 | Joyelle | 5 | Karilee |
| 3 | Deanne | | |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

BREAK

Free Exercises

- | | | | |
|---|--------|---|---------|
| 1 | Evatt | 4 | Karilee |
| 2 | Deanne | 5 | Joyelle |
| 3 | Action | | |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Rhythmical Aesthetic

- | | | |
|---|---------|------------------------|
| 1 | Evatt | <i>Vincent</i> |
| 2 | Deanne | <i>Shortwave 13/10</i> |
| 3 | Action | <i>Tomorrow</i> |
| 4 | Karilee | <i>Take me as I am</i> |
| 5 | Joyelle | <i>A Glimpse of Us</i> |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Calisthenic Revue

- | | | |
|---|---------|----------------------------|
| 1 | Deanne | <i>Chicago</i> |
| 2 | Action | <i>Wicked</i> |
| 3 | Karilee | <i>Together Again</i> |
| 4 | Joyelle | <i>I've got a Dream</i> |
| 5 | Evatt | <i>Miss Marilyn Monroe</i> |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Cali ACT Preliminary Seniors Aggregate

	March	Club Swinging	Rod Exercises	Free Exercises	Aesthetic Exercises	Cal Revue
Action						
Deanne						
Evatt						
Joyelle						
Karilee						

Seniors Coaching Staff

Action **Coach:** Latoya Wong

Deanne **Coach:** Kaari Toivonen **Ass Coach:** Megan Wilkinson

Dowling **Coach:** Josephine Chabi & Brittany Barr **Ass Coach:** Sarah Bremner

Evatt **Coach:** Phoebe Logan

Joyelle **Coach:** Samantha Thomas & Katherine Thomas **Ass Coach:** Keisha McDougall

Karilee **Coach:** Taylor Bye **Ass Coach:** Jessica Phokos **Cadets:** Stacie Howell & Kasey Galloway

MASTERS

Friday 20 September —6.00pm

Panel Adjudication

Roberta Dwyer-Smith, Josie Kerr & Kerry Waddell

Figure March

- | | | | |
|---|-------------|---|---------|
| 1 | Brindabella | 4 | Joyelle |
| 2 | Evatt | 5 | Karilee |
| 3 | Action | 6 | Deanne |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Club Swinging

- | | | | |
|---|---------------|---|---------------|
| 1 | Brindabella 2 | 5 | Karilee |
| 2 | Action | 6 | Brindabella 1 |
| 3 | Evatt | 7 | Deanne |
| 4 | Joyelle | | |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Rod Exercises

- | | | | |
|---|---------------|---|---------------|
| 1 | Brindabella 2 | 5 | Joyelle |
| 2 | Action | 6 | Deanne |
| 3 | Evatt | 7 | Brindabella 1 |
| 4 | Karilee | | |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

BREAK

Free Exercises

- | | | | |
|---|---------|---|-------------|
| 1 | Karilee | 4 | Brindabella |
| 2 | Joyelle | 5 | Evatt |
| 3 | Deanne | 6 | Action |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Aesthetic

- | | | | |
|---|---------|---|-------------|
| 1 | Joyelle | 4 | Evatt |
| 2 | Deanne | 5 | Action |
| 3 | Karilee | 6 | Brindabella |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Calisthenic Revue

- | | | |
|---|-------------|---|
| 1 | Deanne | <i>Folk Off</i> |
| 2 | Karilee | <i>Texas Hoedown</i> |
| 3 | Joyelle | <i>The Annual Goodwin Village Talent Show</i> |
| 4 | Action | <i>Mum Life</i> |
| 5 | Brindabella | <i>My what a guy, that Gaston</i> |
| 6 | Evatt | <i>We Both Reached For The Gun</i> |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Cali ACT Preliminary Masters Aggregate

	March	Club Swinging	Rod Exercises	Free Exercises	Aesthetic Exercises	Cal Revue
Action						
Brindabella						
Deanne						
Evatt						
Joyelle						
Karilee						

Masters Coaching Staff

Action **Coach:** Christie Perry

Brindabella **Coach:** Alexandra Andriolo **Ass Coach:** Zoe Stott & Grace Perkovic **Cadets:** Rhianon Doecke & Amelia Payne

Deanne **Coach:** Lauren Ogden **Ass Coach:** Zoe Heinrichs

Evatt **Coach:** Kari Turnbull

Joyelle **Coach:** Ali Riley & Kim Waterford **Ass Coach:** Amy Stedman

Karilee **Coach:** Jodie Sims **Ass Coach:** Liz Arnold

TINIES

Saturday 21 September —8.30am
Adjudicator—Robert Dwyer-Smith

Rod Exercises

- | | | | |
|---|-----------|----|-------------|
| 1 | Joyelle 2 | 7 | Karilee 1 |
| 2 | Deanne 2 | 8 | Joyelle 1 |
| 3 | Karilee 2 | 9 | Evatt 1 |
| 4 | Evatt 2 | 10 | Brindabella |
| 5 | Action | 11 | Dowling |
| 6 | Deanne 1 | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Free Exercises

- | | | | |
|---|-----------|----|-------------|
| 1 | Joyelle 3 | 8 | Dowling |
| 2 | Evatt 3 | 9 | Action |
| 3 | Deanne 2 | 10 | Brindabella |
| 4 | Karilee 2 | 11 | Karilee 1 |
| 5 | Joyelle 2 | 12 | Evatt 1 |
| 6 | Evatt 2 | 13 | Joyelle 1 |
| 7 | Deanne 1 | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

BREAK

Aesthetic

- | | | | |
|---|-----------|----|-------------|
| 1 | Evatt 3 | 8 | Action |
| 2 | Joyelle 3 | 9 | Brindabella |
| 3 | Deanne 2 | 10 | Karilee 1 |
| 4 | Karilee 2 | 11 | Joyelle 1 |
| 5 | Evatt 2 | 12 | Evatt 1 |
| 6 | Joyelle 2 | 13 | Deanne 1 |
| 7 | Dowling | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Folk/Character Dance

- | | | |
|----|-------------|---|
| 1 | Evatt 3 | <i>Mermaid Party</i> |
| 2 | Deanne 2 | <i>Suzy Snow Flake Meets Frosty the Snowman</i> |
| 3 | Karilee 2 | <i>Buzzy Bees</i> |
| 4 | Joyelle 2 | <i>Rubber Duckies</i> |
| 5 | Evatt 2 | <i>Welcome to Munchkin Land</i> |
| 6 | Brindabella | <i>Adventure in Wonderland</i> |
| 7 | Dowling | <i>Who Let the Dog's Out!</i> |
| 8 | Action | <i>Lets Go Surfing</i> |
| 9 | Karilee 1 | <i>Who Likes Cupcakes?</i> |
| 10 | Evatt 1 | <i>We've Got No Strings!</i> |
| 11 | Deanne 1 | <i>Tip Toe Tulips</i> |
| 12 | Joyelle 1 | <i>The Ugly Duckling</i> |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Cali ACT Preliminary Tinies Aggregate

	Rod Exercises	Free Exercises	Aesthetic	Character/Folk
DIVISION 2				
Deanne				
Evatt				
Joyelle				
Karilee				
DIVISION 1				
Action				
Brindabella				
Deanne				
Dowling				
Evatt				
Joyelle				
Karilee				

Tinies Coaching Staff

Action **Coach:** Rebekah Hunter & Christie Perry **Ass Coach:** Amie Allan **Class Ass:** Hannah Collier, Annabelle Le, Scarlett Smithers, Sienna Smithers & Cadence Smithers

Brindabella **Coach:** Grace Perkovic **Cadet:** Amelia Littlewood **Class Ass:** Riley Brown & Isabelle Farlie

Deanne **Coach:** Melissa Lachlan **Ass Coach:** Rebecca White **Cadet:** Latisha Dack **Class Ass:** Molly McKenzie, Sage Fowler & Grace Ball

Dowling **Coach:** Michelle Chabi **Ass Coach:** Megan Bremner **Cadet:** Lily Dwyer

Evatt **Coach:** Hannah Webb & Tonya Whitney **Ass Coach:** Kaitlin Phelan & Elise Webb **Cadets:** Estella Sutherland, Bella Pope, Paige Young, Ava Burns, Ashleigh Hobden & Ellie Stuart

Joyelle **Coach:** Samantha Urbaniak **Ass Coach:** Olivia Kennedy **Cadets:** Ella Koch, Ruby Brown & Annie Vanhala **Class Ass:** Clea Riley & Lucia Acheson

Karilee **Coach:** Rachel Holdway **Ass Coach:** Laura Stirton **Cadets:** Olivia Pratt, Aneira Kovacs, Emma Nicholson & Ivy Nowland **Class Ass:** Ivy Mathieson, Peyton White & Samantha Baker

JUNIORS

Saturday 21 September — 1.30pm

Panel Adjudication

Kerry Sargent, Josie Kerr & Kerryn Waddell

Figure March

- | | | | |
|---|-----------|----|-------------|
| 1 | Evatt 3 | 6 | Dowling |
| 2 | Joyelle 2 | 7 | Joyelle 1 |
| 3 | Evatt 2 | 8 | Evatt 1 |
| 4 | Action | 9 | Deanne |
| 5 | Karilee | 10 | Brindabella |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Club Swinging

- | | | | |
|---|-----------|----|-------------|
| 1 | Evatt 3 | 8 | Brindabella |
| 2 | Joyelle 2 | 9 | Joyelle 1 |
| 3 | Dowling 2 | 10 | Karilee 1 |
| 4 | Karilee 2 | 11 | Action 1 |
| 5 | Action 2 | 12 | Evatt 1 |
| 6 | Evatt 2 | 13 | Dowling 1 |
| 7 | Deanne | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Rods Exercises

- | | | | |
|---|-------------|----|-----------|
| 1 | Evatt 3 | 8 | Deanne |
| 2 | Joyelle 2 | 9 | Joyelle 1 |
| 3 | Karilee 2 | 10 | Dowling 1 |
| 4 | Dowling 2 | 11 | Evatt 1 |
| 5 | Action 2 | 12 | Karilee 1 |
| 6 | Evatt 2 | 13 | Action 1 |
| 7 | Brindabella | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

BREAK

Free Exercises

- | | | | |
|---|-------------|----|-----------|
| 1 | Evatt 3 | 8 | Dowling 1 |
| 2 | Dowling 2 | 9 | Evatt 1 |
| 3 | Joyelle 2 | 10 | Karilee 1 |
| 4 | Karilee 2 | 11 | Joyelle 1 |
| 5 | Evatt 2 | 12 | Action 1 |
| 6 | Action 2 | 13 | Deanne |
| 7 | Brindabella | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Aesthetic

- | | | | |
|---|-----------|----|-------------|
| 1 | Evatt 3 | 8 | Dowling 1 |
| 2 | Dowling 2 | 9 | Evatt 1 |
| 3 | Karilee 2 | 10 | Brindabella |
| 4 | Joyelle 2 | 11 | Karilee 1 |
| 5 | Action 2 | 12 | Joyelle 1 |
| 6 | Evatt 2 | 13 | Action 1 |
| 7 | Deanne | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Folk/Character Dance

- | | | |
|---|-------------|-----------------------------------|
| 1 | Evatt 2 | <i>Into the Woods</i> |
| 2 | Brindabella | <i>The Wild West</i> |
| 3 | Deanne | <i>Welcome to Wonka's</i> |
| 4 | Dowling | <i>Dance of the Moonlit Dolls</i> |
| 5 | Karilee | <i>I've Got a Golden Ticket</i> |
| 6 | Joyelle | <i>Robots</i> |
| 7 | Action | <i>Three Wishes</i> |
| 8 | Evatt 1 | <i>Welcome to Wonderland</i> |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Cali ACT Preliminary Juniors Aggregate

	March	Club Swinging	Rod Exercises	Free Exercises	Aesthetic Exercises	Song & Dance
DIVISION 2						
Action						
Evatt						
Dowling						
Joyelle						
Karilee						
DIVISION 1						
Action						
Brindabella						
Deanne						
Dowling						
Evatt						
Joyelle						
Karilee						

Juniors Coaching Staff

Action **Coach:** Christie Perry & Rebekah Hunter **Ass Coach:** Amie Allan **Cadets:** Taylor Wong & Jasmine Holthouse

Brindabella **Coach:** Leila Rickman & Lara Haines

Deanne **Coach:** Ashleigh Fisher & Rhiana Elford **Cadets:** Grace Taylor, Kat Toulkidis & Annabelle Patten-Richens

Dowling **Coach:** Rebecca Taylor & Lucienne Pacifique **Cadet:** Anatasia Meggos

Evatt **Coach:** Samantha Di Pofi, Alice Humphries & Melissa Smith **Ass Coach:** Rachael Phelan
Cadets: Katie Mackay, Lily Hesse Clapp & Natalia Seselja

Joyelle **Coach:** Katherine Thomas, Emily Lim & Keisha McDougall **Ass Coach:** Monica Clavijo **Cadets:** Shayla McDougall, Emma Kennedy & Charlotte Macleod

Karilee **Coach:** Meredith Jackson **Ass Coach:** Louisa-Jane Collins, Samantha Bourne & Jessye Muller
Cadet: Laura Stirton

SUB-JUNIORS

Sunday 22 September —8.30am

Panel Adjudication

Josie Kerr, Kerryn Waddell & Robert Dwyer-Smith

Figure March

- | | | | |
|---|-----------|----|-------------|
| 1 | Deanne 2 | 7 | Brindabella |
| 2 | Evatt 2 | 8 | Deanne 1 |
| 3 | Joyelle 2 | 9 | Joyelle 1 |
| 4 | Karilee 2 | 10 | Evatt 1 |
| 5 | Action 2 | 11 | Karilee 1 |
| 6 | Dowling | 12 | Action 1 |

Div 2 1st_____ 2nd_____ 3rd_____ 4th_____ 5th_____

Div 1 1st_____ 2nd_____ 3rd_____ 4th_____ 5th_____

Club Swinging

- | | | | |
|---|---------------|----|---------------|
| 1 | Joyelle 3 | 8 | Dowling |
| 2 | Deanne 2 | 9 | Deanne 1 |
| 3 | Brindabella 2 | 10 | Karilee 1 |
| 4 | Karilee 2 | 11 | Brindabella 1 |
| 5 | Action 2 | 12 | Joyelle 1 |
| 6 | Evatt 2 | 13 | Evatt 1 |
| 7 | Joyelle 2 | 14 | Action 1 |

Div 2 1st_____ 2nd_____ 3rd_____ 4th_____ 5th_____

Div 1 1st_____ 2nd_____ 3rd_____ 4th_____ 5th_____

Rod Exercises

- | | | | |
|---|---------------|----|---------------|
| 1 | Joyelle 3 | 8 | Evatt 1 |
| 2 | Karilee 2 | 9 | Dowling |
| 3 | Evatt 2 | 10 | Karilee 1 |
| 4 | Action 2 | 11 | Brindabella 1 |
| 5 | Deanne 2 | 12 | Joyelle 1 |
| 6 | Brindabella 2 | 13 | Deanne 1 |
| 7 | Joyelle 2 | 14 | Action 1 |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

BREAK

Free Exercises

- | | | | |
|---|---------------|----|---------------|
| 1 | Joyelle 3 | 8 | Karilee 1 |
| 2 | Evatt 2 | 9 | Action 1 |
| 3 | Karilee 2 | 10 | Brindabella 1 |
| 4 | Deanne 2 | 11 | Deanne 1 |
| 5 | Action 2 | 12 | Joyelle 1 |
| 6 | Brindabella 2 | 13 | Dowling |
| 7 | Joyelle 2 | 14 | Evatt 1 |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Aesthetic

- | | | | |
|---|-------------|----|-----------|
| 1 | Joyelle 3 | 8 | Joyelle 1 |
| 2 | Karilee 2 | 9 | Deanne 1 |
| 3 | Deanne 2 | 10 | Dowling |
| 4 | Evatt 2 | 11 | Evatt 1 |
| 5 | Action 2 | 12 | Action 1 |
| 6 | Joyelle 2 | 13 | Karilee 1 |
| 7 | Brindabella | | |

Div 2 1st_____ 2nd_____ 3rd_____ 4th_____ 5th_____

Div 1 1st_____ 2nd_____ 3rd_____ 4th_____ 5th_____

Calisthenic Revue

- | | | |
|---|-------------|--------------------------------|
| 1 | Joyelle 2 | <i>Dora The Explorer</i> |
| 2 | Dowling | <i>The Games</i> |
| 3 | Brindabella | <i>Be Our Guest</i> |
| 4 | Action | <i>The Mystery Machine</i> |
| 5 | Evatt | <i>Let's bake a cake!</i> |
| 6 | Joyelle 1 | <i>5 Golden Tickets</i> |
| 7 | Karilee | <i>The Best Possible Nanny</i> |
| 8 | Deanne | <i>By The Seaside</i> |

Div 1 1st_____ 2nd_____ 3rd_____ 4th_____ 5th_____

Cali ACT Preliminary Sub Juniors Aggregate

	March	Club Swinging	Rod Exercises	Free Exercises	Aesthetic	Character Folk
DIVISION 2						
Action						/
Brindabella	/				/	/
Deanne						/
Evatt						/
Joyelle						/
Karilee						/
DIVISION 1						
Action						
Brindabella						
Deanne						
Dowling						
Evatt						
Joyelle						
Karilee						

Sub-Juniors Coaching Staff

- Action **Coach:** Tayla Schafrin **Ass Coach:** Leah Brideson & Kourtinee Booth **Cadet:** Leiha Morris **Class Ass:** Ella Green, Eva Gabellone, Sarah Chong, Jorja Walton & Chloe Black
- Brindabella **Coach:** Catherine Stevens & Rachel Salter **Cadets:** Damaris Cheluvappa, Ruby Hilborn & Mia Van Den Boogaard
- Deanne **Coach:** Chelsea Edmonds **Ass Coach:** Aithne Dann-Hotchin **Cadets:** Loris Trainor, Ronnie Baroulina, Latisha Dack & Olivia Keirmaier
- Dowling **Coach:** Belinda Lister & Charlize Barr **Cadet:** Jordyn Perkins
- Evatt **Coach:** Erin Sorensen **Ass Coach:** Hannah Webb, Tonya Whitney, Phoebe Logan & Charlotte Dennis-Latter **Cadets:** Annabelle Field, Amelie Phounpadith, Elli Ma, Elyssa Roddam & Alicia Stakelum
- Joyelle **Coach:** Ali Riley, Denise Spencer & Taylor Parr **Ass Coach:** Breanna Vanhala **Cadets:** Melissa Vanhala, Melodie Russell & Natasha King **Class Ass:** Sophie Kennedy
- Karilee **Coach:** Taryn Leslie **Ass Coach:** Kasey Galloway **Cadets:** Chelsea Woodward, Abbie Mathews, Bonnie Wilder, Kahlan Baker, Ella Rogers & Sophie Knight

INTERMEDIATES

Sunday 22 September —3:15pm

Panel Adjudication

Kerry Sargent, Josie Kerr & Roberta Dwyer-Smith

Figure March

- | | | | |
|---|---------|---|-------------|
| 1 | Deanne | 4 | Karilee |
| 2 | Joyelle | 5 | Brindabella |
| 3 | Evatt | 6 | Action |

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Club Swinging

- | | | | |
|---|-------------|---|-----------|
| 1 | Joyelle 2 | 6 | Karilee 1 |
| 2 | Evatt 2 | 7 | Joyelle 1 |
| 3 | Karilee 2 | 8 | Deanne |
| 4 | Brindabella | 9 | Evatt 1 |
| 5 | Action | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Rod Exercises

- | | | | |
|---|-------------|---|-----------|
| 1 | Karilee 2 | 6 | Karilee 1 |
| 2 | Evatt 2 | 7 | Evatt 1 |
| 3 | Joyelle 2 | 8 | Joyelle 1 |
| 4 | Brindabella | 9 | Action |
| 5 | Deanne | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

BREAK

Free Exercises

- | | | | |
|---|-------------|---|-----------|
| 1 | Karilee 2 | 6 | Joyelle 1 |
| 2 | Evatt 2 | 7 | Action |
| 3 | Joyelle 2 | 8 | Karilee 1 |
| 4 | Brindabella | 9 | Deanne |
| 5 | Evatt 1 | | |

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Rhythmical Aesthetic

- 1 Joyelle 2 *Count On Me*
- 2 Evatt 2 *My Sisters and I*
- 3 Karilee 2 *Stay I Pray You*
- 4 Brindabella *Perfect for me*
- 5 Action *New World Coming*
- 6 Deanne *Whispers of War*
- 7 Joyelle 1 *Greta*
- 8 Karilee 1 *A Piece of Sky*
- 9 Evatt 1 *Faraway Downs*

Div 2 1st _____ 2nd _____ 3rd _____ 4th _____

Div 1 1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Dance Arrangement

- 1 Brindabella *Bring It On*
- 2 Deanne *Fashion is Art*
- 3 Action *Welcome to 'The Dive'*
- 4 Joyelle *Everybody Cut Footloose!*
- 5 Evatt *Juliet and Romeo*
- 6 Karilee *Fashionista*

1st _____ 2nd _____ 3rd _____ 4th _____ 5th _____

Cali ACT Preliminary Intermediates Aggregate

	March	Club Swinging	Rod Exercises	Free Exercises	Rhyth. Aesthetic	Dance Arrangmt
DIVISION 2						
Brindabella	/					
Evatt	/					/
Joyelle	/					/
Karilee	/					/
DIVISION 1						
Action						
Brindabella		/	/	/	/	
Deanne						
Evatt						
Joyelle						
Karilee						

Intermediates Coaching Staff

Action **Coach:** Cherie Bradley & Caitlin Bradley

Brindabella **Coach:** Zoe Stott

Deanne **Coach:** Lizzy Nethery & Chloe Taunton **Ass Coach:** Megan Wilkinson

Evatt **Coach:** Lillian Junakovic, Claire Hall, Madison Power & Dannielle Moufarrige **Cadet:** Madi Horne

Joyelle **Coach:** Bella Coates & Val Volkov **Class Ass:** Sasha Irvine

Karilee **Coach:** Rachel Holdway **Ass Coach:** Jacqueline Dunn, Sarah Adam & Natalie Sainsbury
Cadets: McKinley Darby

THANK YOU

COMPETITION COORDINATORS

DIRECTOR/S OF COMPETITIONS

KIM WATERFORD
AMY SCHAFRIN
GEMMA DOWIE

MUSIC

DIRECTOR/S OF COMPETITIONS

LIGHTING

CATHLEEN MARSHALL

ADJUDICATOR LIAISON

KIM WATERFORD

IT

GEMMA DOWIE

TROPHIES AND PHOTOGRAPHY

ROBYN BAKER

BUMP IN/OUT

KATH MCRAE

COMPETITION DELEGATES

ACTION

LAURA SMITHERS
AMIE ALLAN
LOUISE HOLTHOUSE
MICHELLE BLACK

BRINDABELLA

JILL LEWIS
HAYLEY WATERHOUSE

DEANNE

REBECCA BOX
SUE LATTER

JOYELLE

MARY RUSSELL
CASSANDRA KOCH
GAYANIE DE SILVA
CHERIE DRYBURGH
RHIANNAN STEWART
MICHELLE MCDONALD

EVATT

NIKKI DARRAGH
LAUREN STAKELUM

KARILEE

KARI CRAIG
BRONWYN STIRTON
COURTNEY BARKER
RACHEL GRANT
ANDREW BOURNE

INDEPENDENTS

ROBYN BAKER
CONNOR BUTT
JOSSIE EDMONDS
MEGAN KRATZEL
KERRY SARGENT
MARJORY SMITH
KATH MCRAE
SUE WHITNEY

THANK YOU



STAGE MANAGERS

CONNOR BUTT
YVONNE COPAT
MEGAN KRATZEL
KEISHA MCDUGALL
SHANNON THOMAS

ASSESSORS

GEMMA DOWIE
AMY SCHAFRIN
KERRY SARGENT
SHANNON THOMAS
KIM WATERFORD

ANNOUNCERS

REBECCA BOX
KARI CRAIG
JOSSIE EDMONDS
LEANNE GRAHAM
BELL HOGG (TRAINING)
CASSANDRA KOCH
LIZ KRATZEL

WRITERS

TAYLOR BYE
SIMMY BAKER
SAM DI POFI
JO FARROW
RACHEL HOLDWAY
MERRY JACKSON
LILLIAN JUNAKOVIC
MEGAN KRATZEL
CARMEN MENZEL
NATALIE SAINSBURY
TAYLA SCHAFRIN
EMMA THOMAS
KIM WATERFORD
HANNAH WEBB
LATOYA WONG

SHADOW ADJUDICATORS

RACHEL HOLDWAY
ERIN SORENSEN

**ALL CLUB VOLUNTEERS
AND
THE ERINDALE THEATRE STAFF**

CALISTHENICS
ACT



PARTICIPATING CLUBS

ACT

ACTION CALISTHENICS
BRINDABELLA CALISTHENICS COLLEGE
DEANNE CALISTHENICS CLUB
EVATT CALISTHENICS CLUB
JOYELLE CALISTHENICS CLUB
KARILEE CALISTHENICS

NSW

DOWLING CALISTHENICS ACADEMY